



TIFFANY DANIEL, FOUNDER

CTLDomGROUP'S MISSION EMPOWERS MILITARY MEMBERS AND THEIR FAMILIES

At the heart of CLTDomGroup, INC. is a passion for helping military members and their families transition successfully to new locations or retirement. Founded by Tiffany Daniel, a retired Army veteran, the organization was created to be a resource for veterans and their loved ones, ensuring they have the guidance, support, and tools they need during times of change.

"I wanted to build a resource that addresses the specific challenges military families face during transitions," said Daniel. "Our mission is to help veterans navigate the complex process of transitioning to civilian life, focusing on mental health, educational, and health benefits, and the overall family dynamic. We're here to ensure that no one is left behind."

CTLDomGroup provides a range of resources designed to strengthen and support the military community. From one-on-one Meet and Greets to Town Hall meetings and workshops, the organization meets veterans where they are, listens to their concerns and offers solutions that help them overcome their challenges. The primary focus continues to be mental health, with CTLDomGroup dedicating significant effort to breaking the stigma surrounding mental health struggles among military members.

This focus led to the creation of the Mental Health Awareness Project, which marked its one-year anniversary last month. The project is composed of five key programs designed to guide veterans through their mental health journey: Identifying the Need, Call to Action, Walking Through It, Doing the Work, and Celebrating the Wins. While CTLDomGroup has yet to secure a grant for this project, it has received generous donations, demonstrating the community's support for the cause.

"As someone who has been through the challenges of military life and transition, I know firsthand how critical mental health support is," Daniel shared. "The Mental Health Awareness Project was created to provide that essential support, from identifying needs to celebrating the wins along the way. It's a journey, and we're here to walk through it together."

One of the main goals of CTLDomGroup is to help maintain or reignite the family nucleus. Through its programs and community-based resources, the organization works to ensure that



Therapeutic horticulture session

military families remain connected, and provides the tools and support necessary to keep families strong. The CTLDomGroup's approach is deeply personal and rooted in the founder's experiences. With a board consisting of 80% veterans, the group's commitment to its mission is unwavering.

In addition to mental health, CTLDomGroup focuses on guiding veterans through their educational benefits and helping them transition to civilian careers. The organization's personalized workshops and Town Hall meetings offer valuable resources for benefits, educational opportunities, and overcoming obstacles that may arise during the transition process.

For those looking to support CTLDomGroup's efforts, there are several ways to get involved:

- Join the organization
- Donate
- Become a sponsor for an event
- Volunteer a service

By joining forces with CTLDomGroup, you can help ensure that veterans and their families receive the support they need to thrive. Visit www.ctldomgroup.org to learn more about the organization and how you can get involved.

"As a retired Army veteran, I am driven by the desire to ensure our fellow service members don't face the same struggles that we did," Daniel said. "Our mission is personal, and it's fueled by our experiences. We want to ensure no veteran or military family is ever left behind."

CTLDomGroup is more than just an organization — it's a community of like-minded individuals and veterans working together to ensure the success of our service members and their families.



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